On March 21, 2013 in Somerset, NJ, 50 women were honored who share a commitment to their professions, community, and to the advocacy for women. Amy Gonzales was recognized as one of the 50 Best Women in Business. The photo below was featured in NJBiz magazine, which noted Jane Shivas and NJCBW.

NJCBW Interim Executive Director, Jane Shivas (left), pictured with Amy Gonzales (right) and her husband, Ed Gonzales, at the Fifty Best Women in Business event.

New Jersey was well represented with 15 (of 42) graduates from the Leadership Academy of the Expanding Leadership Opportunities for Underrepresented Groups within the Domestic Violence Field Project funded by FVPSA. Participating member programs included: DASI (1); Manavi (1) Lighthouse Social Services (1) Camden County Women Center (3); The Women’s Center (2); Women Aware (1) Babyland FVP (3); Purple REIGN (1); NJCBW (1); outside program (1) (names in March Update). New Jersey had one person move up to the next level of the Aspiring Allies Group, Karen Hoisington from Providence House. Karen and the Leadership Academy Graduates plan to mentor to other advocates in the upcoming months.

Thank you to all of the Executive/Program Directors and supervisors who honored their 18 month commitment to provide support to this staff during this very demanding process. We are hopeful that their involvement in the program will provide them with new information and skills to support victims and survivors in New Jersey.
**UPCOMING MEETINGS**

- **SHELTER COordinators**  
  Friday, May 10, 2013 • 10:00am–12:00pm

- **EXECutive Directors / Membership**  
  Thursday, May 16, 2013 • 10:30am–12:30pm

- **Legal Advocates**  
  Friday, May 17, 2013 • 10:00am–3:00pm

- **Anti-Racism Change Team**  
  Monday, May 20, 2013 • 12:30pm–3:00pm

- **DV Fatality/Near Fatality Review Board**  
  Tuesday, May 21, 2013 • 9:00am–4:00pm

- **White aspiring allies to people of color**  
  Thursday, May 23, 2013 • 10:00am–1:00pm

- **LGBT task force**  
  Friday, May 24, 2013 • 10:30am, Somerset Diner

- **Domestic Violence Response Team**  
  Tuesday, May 28, 2013 • 10:00pm–1:00pm

**UPCOMING TRAININGS**

**Disabilities, An Inviting Welcome: Serving Individuals with Disabilities**

- **Tuesday, May 14, 2013 • 10AM – 1PM**
- Facilitated by Joe Zesski

People with disabilities comprise approximately 20 percent of the American population. This does not include their families. To provide an inclusive environment, it is important to recognize some of the unique factors in serving people with disabilities. In this training, we will discuss the variety of disability experience, how staff can more effectively and respectfully interact with people with disabilities, and best practice approaches to serving individuals with disabilities. It will also broadly review IDEA and Section 504’s impact on the rights in education of survivors’ children with disabilities. It will also cover the legal obligations of nonprofit organizations under Title III of the Americans with Disabilities Act.

- 3 DVS Credits: Diversity
- $10 Program Staff; $15 Non-Program Staff

**Click here to register by credit card**

(continued on next column)

**Fight, Flight or Freeze: Moving Through the Body’s Response to Trauma**

- **Wednesday, May 15, 2013 • 10AM – 4PM**
- Facilitated by Tracy Durkin

Humans share with animals an amazing array of autonomic physical reactions that help prepare for life-threatening events. From hyper arousal, where the muscles, heart and lungs ready the body for action, to a state of immobility and numbness – the range of survival responses is controlled by biochemicals that are released involuntarily and automatically. This workshop will examine the physical effect these chemical floods have on the body, especially when trauma remains “unresolved”, as with PTSD. We will identify ways we can help our clients understand and manage their own crisis reactions in the face of violence and abuse. We will also examine the ways in which recent events – unemployment and economic crisis, Hurricane Sandy, Newtown, CT shootings – may put us all at risk of an unnaturally prolonged of biochemical arousal, and what we can do about it. The workshop will conclude with a discussion of simple “right-brained” techniques for helping to reduce stress and heal from trauma.

*Rescheduled from April 24, 2013*

- 5 DVS Credits: Mental Health
- $15 Program Staff; $50 Non-Program Staff

**Click here to register by credit card**

**Play Therapy**

- **Thursday, May 30, 2013 • 10AM – 4PM**
- Facilitated by Robbin Loonan

This interactive, experiential workshop is designed for professionals in the field of domestic violence. Offering practical, creative solutions to the challenges faced by helpers, the workshop is geared to those who are interested in engaging, assessing, and empowering survivors who have been impacted by family violence. Tapping into our own creativity as helpers helps to prevent burn-out, and can help our clients (as well as ourselves) feel empowered and get un-stuck. A variety of creative techniques such as play therapy, art therapy, and journaling will be presented.

*Rescheduled from February 19, 2013*

- 5 DVS Credits: Intervention Skills
- $15 Program Staff; $50 Non-Program Staff

**Click here to register by credit card**
Patty Sly, Executive Director for Jersey Battered Women’s Service (JBWS) was named 2013 Woman of the Year by The Zonta Club of the Morristown Area at their recognition dinner in the Conservatory at The Madison Hotel on April 16, 2013.

Each year the Club selects one woman they believe has contributed greatly to the community, especially in protecting women and advancing their status. Zonta Club President Barbara J. Woodhull presented the award to Sly before an audience of family, friends, colleagues and government officials.

Patty Sly joined JBWS in 2007 and heads the full service agency that provides critical services for victims of domestic violence. She is a graduate of the 2011-2012 Fellow Class of the International Women’s Forum Leadership Foundation.

Zonta International is a worldwide service organization of executives and professionals working to improve the legal, political and professional status of women.

Patty Sly, Executive Director for JBWS (right), pictured with Zonta President Barbara Woodhull.

Celebrate Founders Day: WomenRising’s 108th Anniversary 5:30pm-7:30pm on Wednesday, May 22nd 270 Fairmount Ave., Jersey City, N.J.

RSVP by May 15th to: akoenig@womenrising.org or 201-333-5700 ext. 537

Networking & Refreshments Welcome and Program: 6:15pm

NEW JERSEY ASSOCIATION OF DOMESTIC VIOLENCE PROFESSIONALS
11TH ANNUAL CONFERENCE
Thursday, June 13, 2013
Rutgers University • Busch Campus Center Piscataway, New Jersey

Please visit MOOURL.COM/11THANNUALNJADV to view the Brochure online and REGISTER TODAY!