



NJCBW UPDATE

October 2009

NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH EVENTS

October is *Domestic Violence Awareness Month (DVAM)* and across the country. The following list includes just some of the *DVAM* activities planned for this fall and resources available to advocates. Domestic violence experts and service providers are encouraged to contact the sponsoring organizations to learn more about each and explore how to get involved. Often, advocates can link their local activities to national campaigns. Please note that this list is not comprehensive; it is a sample of national events.

NEW RESOURCES FOR ADVOCATES

The *Domestic Violence Awareness Month 2009 Resource Packet* is now available online through the Domestic Violence Awareness Project (DVAP) website at www.nrcdv.org/dvam. The DVAP strives to develop and distribute resources and ideas relevant to *Domestic Violence Awareness Month* and educational activities that take place throughout the year. The 2009 packet includes a collection of informational materials, fact sheets, articles, and order forms for items available from the various organizations represented on the Project Advisory Group, as well as other national, statewide, and culturally specific organizations.

BREAK THE SILENCE ON DOMESTIC VIOLENCE

The Body Shop and the National Coalition Against Domestic Violence (NCADV) are teaming up again this year during *DVAM*. The Body Shop is selling a “[For Me, For You](#)” shea lip care duo packaged with the message “Break the Silence on Domestic Violence” that is meant to be shared with a friend. The “[For Me, For You](#)” duo is an extension of The Body Shop’s “[Stop Violence in the Home](#)” Campaign. A portion of the proceeds from the sale of each lip duo will be donated to NCADV. To purchase it, visit www.thebodyshop-usa.com/bodyshop/browse/product_detail.jsp?productId=prod808823&categoryId=cat100002 and for more information on “*Stop Violence in the Home*,” visit www.thebodyshop.com/en/ww/values-campaigns/stop-violence.aspx.

LIGHT UP DVAM WITH PURPLE NIGHT LIGHTS™

The H.E.R. Shelter in Portsmouth, VA, is bringing **Purple Night Lights™** to the Hampton Roads Area. To participate in **Purple Night Lights™**, residents are encouraged to purchase a purple light bulb and display it on their porch or in their window throughout *Domestic Violence Awareness Month*. Sandra Becker from the H.E.R. Shelter says the porch and window light bulbs are available in two sizes and for just a few dollars. The goal is to bring awareness and support to victims and survivors of domestic violence and to send a strong message that “*Domestic Violence Has No Place in Our Community.*”

Purple Night Lights™ was launched in King County, Washington in October 2007 by the Covington Domestic Violence Task Force. In the years since, more than 14 other states have participated. Becker says she is, “hoping **Purple Night Lights™** will catch on throughout Virginia next year.” To get more information about holding a **Purple Night Lights™** event, email sandra@hershelter.com.

FAST FACTS ON VIOLENCE AGAINST WOMEN

- The Centers for Disease Control and Prevention reports 1,200 deaths and two million injuries to women from intimate partner violence each year.
- According to the U.S. Bureau of Justice Statistics, on average three women a day are murdered by their husbands or boyfriends in the United States. Women are 84 percent of spouse abuse victims, 86 percent of victims of abuse at the hands of a boyfriend or girlfriend, and three in four victims of family violence.
- Some 450 women are raped or sexually assaulted each day, on average, in the United States. [U.S. Department of Justice, Bureau of Justice Statistics]
- Young women age 16 to 24 experience the highest rates of rape and sexual assault, and people age 18 and 19 experience the highest rates of stalking.

Females age 20 – 24 experience the highest rate of intimate partner violence. [U.S. Department of Justice, Bureau of Justice Statistics]

- Approximately one in three adolescent girls in the United States is a victim of *physical, emotional or verbal abuse* from a dating partner – a figure that far exceeds victimization rates for other types of violence affecting youth. [National Council on Crime and Delinquency Focus]
- In 2003, the Centers of Disease Control and Prevention reported that the health care costs of intimate partner rape, physical assault and stalking totaled \$5.8 billion each year, nearly \$4.1 billion of which was for direct medical and mental health care services. Lost productivity from paid work and household chores and lifetime earnings lost by homicide victims totaled nearly \$1.8 billion. Costs have risen since then.
- The United States Justice Department’s Bureau of Justice Statistics estimates that 3.4 million persons said they were victims of stalking during a 12-month period in 2005 and 2006. Women experience stalking victimizations at nearly three times the rate of men.
- A 2006 study in the *Journal of Family Psychology* finds that more than 15 million U.S. children live in families in which partner violence occurred at least once in the past year.

UPCOMING TRAINING

October 7, 2009 10:00am–1:00pm
Proposal Writing and Funded Grant Development

CANCELLED

October 14, 2009 10:00am–1:00pm
Emotional Freedom Techniques (EFT)
Carol Bemmels, MA

Emotional Freedom Techniques is the fastest growing of many new systems of energy psychology that are revolutionizing how therapy is done. Often just called “tapping”, it is acupuncture without the needles, a simple, gentle and fast acting tool to relieve the body of physical and emotional pain. From minor daily irritations to PTSD, EFT often works when nothing else has. It’s so easy and safe, even children can use it. It has made for some surprising results with “incurable diseases” and long term intractable problems. Participants will come away from the 3 hour training session with enough personal experience and success to

use it on themselves and share with others. Resources for further research will be provided.

3 DVS Credits: Mental Health
\$10 program staff; \$35 non-program staff

October 21, 2009 10:00am–1:00pm
Teen Dating Violence: 101 Leslie Malkin

Teen dating violence is virtually an epidemic. One in five teens in a serious relationship report having been hit, slapped, or pushed by a partner. Forty percent of girls ages 14 to 17 reports knowing someone their age that has been beaten or hit by a boyfriend. Thirty percent of murdered teenage girls are killed by current or former partners. This course will examine the basics of teen dating violence. Participants will gain an understanding of the warning signs and ways to advocate for a teen victim. We will discuss the tensions between mandatory reporting requirements and confidentiality. Technology abuse including computers and cell phones will also be explored. Participants will receive a manual and other material they can use when working with teen victims, their families and communities.

3 DVS Credits: Special Populations
\$10 program staff; \$35 non-program staff

October 28, 2009 10:00am–12:00pm
Deaf Sensitivity and TTY Training
Jason Weiland and Tracy Burton

This two hour workshop presented by Field Representatives from the Division of the Deaf and Hard of Hearing (DDHH) will explore the history of deaf advocacy in USA and highlight some of the barriers obstructing abused women from receiving domestic violence services. The use of video will position the participant in the unique perspective of the victim and walk them through the first moments in the shelter. The workshop will offer some insight on how to better serve abused women who are deaf. Explore issues related to safety planning, interpreting and support from the deaf community. Participants will receive instruction on how to use the TTY and after demonstration be able to identify the sound of TTY call and respond to it using standard TTY code language.

2 DVS Credits: Special Populations free

November 4, 2009 10:00am – 1:00pm
Immigration and Domestic Violence Victims
Nicole Miller

CLASS IS FULL

November 9, 2009 10:00am – 4:00pm
Train the Trainer - NJCBW Diversity Training
Curriculum for Domestic Violence Advocates: Using a Social Justice Model to Understand Difference
PART ONE

Pamela Smith Chambers, Beyond Diversity Resource Center and Rose A. Williams, NJCBW

This two-day workshop introduces the newly developed NJCBW Diversity Curriculum for domestic violence staff and volunteers. The training will be offered in two five-hour training sessions. Those participants interested in using this material for future training either as DVRT Coordinators or as trainers are strongly encouraged to attend both sessions. Non-trainers may find the sessions useful as a general diversity training experience. At each session participants will be guided through the curriculum, a series of mini lectures, interactive exercises and experiential activities that are designed to define and illustrate oppression in its various forms and its impact on domestic violence victims. During the second half of each session participants will have opportunities to begin hands-on practice with the material.

Goals of the Training: To introduce the diversity training curriculum to trainers and advocates and to provide diversity related material to workshop participants and techniques on how to best deliver the material to a variety of audiences.

Curriculum Goal: To build the capacity of advocates and volunteers to provide services in a more culturally sensitive manner, which recognizes the needs of various marginalized groups.

5 DVS Credits: Race and Culture

\$20 program staff; \$50 non-program staff (One time payment for two-part training)

November 16, 2009 10:00am – 4:00pm

Train the Trainer - NJCBW Diversity Training Curriculum for Domestic Violence Advocates: Using a Social Justice Model to Understand Difference PART TWO

Pamela Smith Chambers, Beyond Diversity Resource Center and Rose A. Williams, NJCBW

November 18, 2009 10:00am – 1:00pm

Developing Affiliation Agreements Jane Shivas

This workshop will identify the goals for developing affiliation agreements with other community organizations, the critical components of affiliation agreements and the distinctions between affiliation agreements and memorandums of understanding.

Participants will draft their own templates of an affiliation agreement and a memorandum of understanding for special joint projects, and are encouraged to bring works in progress.

3 DVS Credits: Community Resources and Networking

\$10 program staff; \$35 non-program staff

November 19, 2009

10:00am–1:00pm

Latina Women and Domestic Violence

Ana Vega, MA, MSW, LSW

This workshop will explore the contextual framework of domestic violence and Latinas. Prevalence of domestic violence affecting Latinas globally, nationally and locally will be discussed. Diversity issues focusing on culture, immigration and acculturation patterns, race, class and national origin will be addressed. The constructs of machismo and marianismo will be defined and their impact on the culture of domestic violence explored. Participants will have an opportunity to discuss patterns of help seeking behavior and the need for a Community Based Approach.

3 DVS Credits: Special Populations

\$10 program staff; \$35 non-program staff

OCTOBER 2009 MEETING SCHEDULE

Women of Diversity Task Force Meeting

Friday, October 2, 2009 10:00am-3:00pm

NJ Child Advocates Network (NJCAN)

Friday, October 9, 2009 10:30 am-3:30pm

Legal Advocates Meeting

Friday, October 16, 2009 10:30am-3:00pm

NOVEMBER 2009 MEETING SCHEDULE

Coalition Membership Meeting

Thursday, November 5, 2009, 10:30am-1:00pm

NJCBW Board of Trustees

Thursday, November 5, 2009 1:00-3:00pm

Women of Diversity Task Force Meeting

Friday, November 6, 2009 10:00am-1:00pm

DVRT (Domestic Violence Response Team)

Tuesday, November 10, 2009 10:00am-1:00pm

Community Professional Educators (CPEN)

Friday, November 13, 2009

Legal Advocates Meeting

Friday, November 20, 2009 10:30am-3:00pm

Call the Meeting Cancellation Line to check for training and meeting cancellations 609-584-8107, ext. 23